

?!?! Information Session ?!?!

- ⇒ Are you looking after your Mental Health?
- ⇒ Do you know How and Where to get support?
- ⇒ Why not join us at our information session!!!

Thursday 18th June 2015

From 10:30 am to 12:30 pm

At MFO,

Shop 31, Eastlakes Shopping Centre, Eastlakes



Just like your physical health and fitness, your mental health is worth taking care of and improving. This is true for everyone. SENC & Carers NSW are jointly organising an Information Session for multicultural communities. Lunch will be provided.



For more information & RSVP please contact —
Ashraf

South East Neighbourhood Centre, Shop 68 Eastlakes Shopping Centre,
Eastlakes. Tel: 8338 8506

