### **CADRE CONNECT**

## Community Wellness and Mentoring Project

You are invited to attend **Cadre Connect Training**, held over two weeks on Monday 23rd and Monday 30th October 2017. The Cadre training offers participants an opportunity to better understand mental health and the impacts it has in their community.

It is an opportunity for neighbourhoods to be strengthened through connectedness and common understanding



Dates: Monday 23rd and Monday 30th October

Time: 10am-3pm

#### Attendance on both days is required

**Venue:** Alf Kay Eastlakes Community Centre, Corner Evans Ave & Florence Ave, Eastlakes

**Registration and cost:** The training is **free** to attend! Registration is essential—please complete the registration form overleaf

**Information:** For more information, please contact Gerard or Nicole on 8338 8506









### **CADRE CONNECT**

# Community Wellness and Mentoring Project

#### **Registration Form**

Monday 23rd and Monday 30th October, 10am-3pm

Name	
Organisation	
(if applicable)	
Suburb	
Contact Email	
Contact Phone Number	
Any access/dietary or other requirements	

Please email completed form to Gerard or Nicole at commworker@secc.sydney or drop it into our office: Shop 84, Eastlakes Shopping Centre by Monday 9th October

For more information, contact Gerard or Nicole at South Eastern Community Connect on 8338 8506







