

FREE ART THERAPY WORKSHOPS



Art Therapy offers an opportunity to:

- HAVE FUN!!
- Explore you own creativity
- Build your self esteem
- Express yourself
- Have a rewarding therapeutic experience

ALL SKILL LEVELS WELCOME

DETAILS

DATES: Classes will begin **Friday 20th October** and run every Friday until **8th December**

TIME: 10.00am – 12noon

VENUE: Alf Kay Eastlakes Community Centre,
Corner Evans Ave & Florence Ave, Eastlakes

COST: FREE! For more information and to register, please contact Gerard or Nicole on **8338 8506**

Classes will be run
by a trained art
therapist and go for
8 weeks



South Eastern
Community
Connect

