

The Cottage

The Cottage provides a safe, secure and friendly environment where service users can have a sense of belonging and ownership.

We believe that a dementia diagnosis should be not be seen as an impediment to enjoying life and community participation.

We pick up and drop off our service users and provide morning tea and a nutritional lunch to meet a wide variety of dietary needs.

We also provide respite and support for loved ones and carers.

New service users need to contact the Cottage Coordinator for an assessment.

If you are unsure whether you or someone you want to refer is eligible please contact our Centre and we can discuss your situation.



South Eastern Community Connect

Amy Drewe - Cottage Coordinator

The Cottage, Dementia Day Centre
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**South Eastern
Community
Connect**



The Cottage
Dementia Day Centre

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Our Program

The Cottage offers a range of services to people with dementia and memory loss from the active to the frail. The service is a mixture of centre-based day care and diversional therapy.

It takes place from Monday to Friday and service users engage in a number of activities in a monthly program drawn up by the diversional therapist.

The program is varied and includes cottage based activities such as 'hidden memory' and social discussions, games, quizzes, art therapy, crafts, light gardening, videos and gentle exercises and afternoon drives.

Who can attend?

The Cottage is open to people living in the Botany Bay, City of Sydney, Randwick, Waverley and Woollahra areas.

Service users or their families can self-refer or attend with a referral from a health professional, social worker, aged

care service or aged care assessment team (A.C.A.T).

Residents from hostels / nursing homes;
People requiring personal care or attention, such as toileting, feeding, wandering or extreme behavioural management issues.

My Aged Care

My Aged Care is a service of the Australian Government to help you find your way around the aged care system, and to give you choices, more control and easier access to a range of aged care services.

If you are a carer and wish to access aged care services for the person you care for the first time, you will now need a referral from My Aged Care.

You are welcome to phone us to discuss your needs in the first instance or you can contact My Aged Care directly and ask for a referral to South Eastern Community Connect.

My Aged Care: 1800 200 422 or myagedcare.gov.au

Who is South Eastern Community Connect?

South Eastern Community Connect is a charity that supports children, families, older people, carers and people with a disability to improve well-being and quality of life for all in our community.

We have been supporting the community for more than 35 years through services ranging from playgroups for young children to our dementia day centre and recreational groups and classes.

We provide quality and care in more than 13 languages for all members of our community.



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