

How can we assist?

Are you an older person, living with a disability or a person caring for someone who is?

The support we provide depends on what you need, which may include help with;

- Shopping
- Banking
- Bill paying
- Medical appointments

You may also chose to have one of our dedicated volunteers phone you regularly to check on you or visit you at home for some company.

You can access up to 2 hours of support per fortnight, Monday to Friday, 9am -5pm.

There is a small fee for most of our services.



South Eastern Community Connect
Shop 84, Eastlakes Shopping Centre
Eastlakes NSW 2018

P 02 8338-8506
F 02 8338-8502
E secc@secc.sydney
W secc.sydney



**South Eastern
Community
Connect**



Social Support

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добро пожаловать

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How do I apply?

You may be able to access this service if you are an older person, a person living with a disability or a carer.

Our Social Support Coordinator will discuss with you your needs and assess your health, social and emotional well-being, functioning with activities of daily living like eating, dressing or walking, and any supports you have available.

This assessment will help us choose the support that is right for you.

You can reach our Social Support Coordinator between 9:00 and 3:30PM Monday to Friday.

Outside of these hours you are welcome to leave a message at the Centre, and your call will be returned as soon as possible.

My Aged Care

My Aged Care is a service of the Australian Government to help you find your way around the aged care system, and to give you choices, more control and easier access to a range of aged care services.

If you are aged 65 or older and wish to access aged care services for the first time, you will now need a referral from My Aged Care.

You are welcome to phone us to discuss your needs in the first instance or you can contact My Aged Care directly and ask for a referral to South Eastern Community Connect.

My Aged Care:

**1800 200 422 or
myagedcare.gov.au**

Who is South Eastern Community Connect?

South Eastern Community Connect is a charity that supports children, families, older people, carers and people with a disability to improve well-being and quality of life for all in our community.

We have been supporting the community for more than 35 years through services ranging from playgroups for young children to our dementia day centre and recreational groups and classes.

We provide quality and care in more than 13 languages for all members of our community.



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